

Programme PRIME PETE Erasmus +

MODULE DETAILS	
Micro Module Title	Didactics of Physical Education
Suggested Number of ECTS	4
Dimensions Core	D1S1, D1S2, D1C1, D2K1, D2S1, D2S2, D2S3, D2S4, D2S5, D3S2, D3C1, D3C2, D3C3, D4S1, D4S2, D4C1, D4C3, D5C1, D5C2
Dimensions Extended	D1C2, D1C3, D2K2, D2K3, D2K5, D2S6, D2S7, D2C2, D3K2, D3K3, D3S3, D3S6, D4K2, D4S4, D4C4, D4C5, D5S1, D5S3, D5C4, D5C5
Setting (Online, Hybrid, Offline, Movement Based, Theory Based (Lecture or Seminar))	Theory based + Movement based
Short Description	In this module students will attain knowledge and identify the different methodologies of teaching Physical Education applied in this educational stage (Primary School) and be able to adapt them to the characteristics and specific contextual needs. They will experience the different elements of the didactic intervention and analyse and apply the different ways of intervening in the teaching of PE and Sport in simulated teaching situations. Students will be initiated in the teaching activity (peer teaching). Furthermore, they will develop their capacity for analysis, reflection and criticism as future teacher in the application of the methodologies to the stage of Primary School PE.

MODULE LEARNING OUTCOMES	
Upon successful completion of this module, the student will be able to:	
LO1	Understand the principles that contribute to cultural, personal and social formation from physical education.
LO2	Know the school curriculum of physical education.
LO3	Acquire resources to encourage participation throughout life in sport activities inside and outside of school.
LO4	Develop and evaluate curriculum content through appropriate teaching resources and promote the corresponding competencies in students.
LO5	Acquire a practical knowledge of the classroom and its management in PE classes.
LO6	Develop knowledge and apply the interaction and communication processes in the classroom and master the social skills and abilities necessary to foster a classroom climate that facilitates learning and coexistence in PE.
LO7	Control and monitor the educational process and in particular the teaching-learning process by mastering the necessary techniques and strategies.
LO8	Relate theory and practice with the reality of the classroom and the school.
LO9	Participate in the teaching activity and learn to know how to do so, acting and reflecting from the practice.

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Indicative Content (list topics to be covered)

- I. Programming in PE: Design and development of the third level of curricular specification in PE
- Topic 1: Didactics of Physical Education: Concept and clarification of terms.
 - Topic 2: Design and development of the third level of concretion: The didactic programming of classroom in PE.
 - Topic 3: Design and development of teaching units and session.
 - Topic 4: Motor activities and tasks in the teaching-learning process.
- II. Teaching methodology in PE.
- Topic 5: Organization and management of the PE class.
 - Topic 6: Communication and interaction in the PE class.
 - Topic 7: Techniques, teaching styles and strategy in practice.
 - Topic 8: Teaching models in PE.
- III. Evaluation in PE.
- Topic 9: Evaluation in PE. Concepts, types and instruments.

TEACHING METHODOLOGIES	
Teaching Methodologies	<p>Seminars, peer teaching, peer observation, analysis and reflection after each group of peers. Group work.</p> <p>Lectures in big groups, practical courses in smaller groups (sometimes not possible due to the number of students).</p>

FACILITIES: INDOORS AND/OR OUTDOOR
Sport facilities - Indoor and outdoor facilities
Seminar rooms

MODULE WORKLOAD		
Type	Learning Outcomes	Total Hours
Lecture	LO1 – LO9	20
Seminar/Workshop/Tutorial	LO1 – LO9	20
Structured Independent Work	LO1 – LO9	20
Independent Work	LO1 – LO9	40
Total Workload		100

READING
Essential Reading
<ol style="list-style-type: none"> 1. Blázquez, D. (2013). Diez competencias docentes para ser mejor profesor de Educación Física. Inde. ISBN: 9780470870129 0470870133 2. Pérez-Pueyo, Á. et al. (2021). Los modelos pedagógicos en Educación Física: Qué, cómo, por qué y para qué. Servicio de Publicaciones de la Universidad de León. Libro electrónico disponible en: https://buleria.unileon.es/handle/10612/13251 ISBN: 978-84-18490-26-2

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3. Fernández-Río, J. (Coord.) (2019). Gamificando en la Educación Física. De la teoría a la práctica en Educación Primaria y Secundaria. Oviedo: Ediciones Universidad de Oviedo.
4. Asún-Dieste, S., Romero-Martín, M^a.R., Aparicio-Herguedas, J.L., & Fraile-Aranda, A. (2020). Proxemic Behaviour in Pre-service Teacher Training in Physical Education. Apunts. Educación Física y Deportes, 141, 41-48. [https://doi.org/10.5672/apunts.2014-0983.es.\(2020/3\).141.05](https://doi.org/10.5672/apunts.2014-0983.es.(2020/3).141.05)

	RESOURCE (Expansion of Indicative Content)
	<p>No further resources are available for this Module as these contents are not freely accessible. Only the duration of each MM is available.</p> <p>I. Programming in PE: Design and development of the third level of curricular specification in PE</p> <ul style="list-style-type: none"> • Topic 1: Didactics of Physical Education: Concept and clarification of terms. (2h) • Topic 2: Design and development of the third level of concretion: The didactic programming of classroom in PE. (2h) • Topic 3: Design and development of teaching units and session. (3h) • Topic 4: Motor activities and tasks in the teaching-learning process. (4h) <p>II. Teaching methodology in PE.</p> <ul style="list-style-type: none"> • Topic 5: Organization and management of the PE class. (5h) • Topic 6: Communication and interaction in the PE class. (4h) • Topic 7: Techniques, teaching styles and strategy in practice. (6h) • Topic 8: Teaching models in PE. (4h) <p>III. Evaluation in PE.</p> <ul style="list-style-type: none"> • Topic 9: Evaluation in PE. Concepts, types and instruments. (2h)

PRIME PETE

PRIMARY EDUCATION PHYSICAL EDUCATION TEACHER EDUCATION