

**Programme PRIME PETE Erasmus +**

<b>MODULE DETAILS</b>	
Micro-module Title	Teaching Physical Education
Suggested Number of ECTs	3
Dimensions Core	D1K1, D1K2, D1K3 D2S1, D2S2, D2S3
Dimensions Extended	D1K1, D1K2, D1K3, D1K4, D1K5, D1K6, D1K7, D1S1, D1S2, D1S3, D1C1, D1C2, D1C3, D1C4, D2K1, D2K2, D2K3, D2K4, D2K5 D2S4, D2S5, D2S6, D2S7, D2S8, D2C1, D2C2
Setting (Online, Hybrid, Offline, Movement Based, Theory Based (Lecture or Seminar))	Theory-based and Movement-based
Short Description	<p>The module Teaching Physical Education is a subject/module of the Master of Teaching in PE oriented to prepare preservice specialist teachers to intervening in the PE teaching at the 1<sup>st</sup> and 2<sup>nd</sup> schooling level (5-9y &amp; 10-11y), together equivalent to primary schooling level in most European countries. In Portugal, specialist PE teachers use to act in primary school as substitutes of generalist teachers (not officially, namely in the private system) or as support teachers or extra-curricular physical activities (officially, mainly in the public system).</p> <p>The module is organize to prepare preservice teachers to developed their interpretative, prescriptive and justificatory knowledge about the childhood motor development (and its interactions with the social, emotional and cognitive ones), the national curricular aims and contents, the quality of PE lessons planning, classroom management, and assessment, and the integration of PE in primary schools as a compulsory subject, both in its specific or multidisciplinary contribution.</p>

<b>MODULE LEARNING OUTCOMES (for micro-module check the bold references)</b>	
<b>Upon successful completion of this module, the student will be able to:</b>	
LO1	Identify the biological and social characteristics of motor development in childhood;
LO2	Identify the purposes of the Physical Education (PE) educational project within the scope of the global educational project of the 1st cycle of basic education and PE;
LO3	Critically analyse the relationship between PE and Physical and Sports Activities;
LO4	Identify the characteristics of teaching quality and learning in the 1st of school;
LO5	Plan and evaluate the learning contents of the PE program in the 1st cycle, ensuring the differentiation of teaching according to the educational needs of children;
LO6	Justify the integration of the PE curriculum area in the 1st cycle multidisciplinary educational project.

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**Indicative Content (list topics to be covered)**

- Particularities of the Motor Development and Learning of children between 3 and 10 years old and their implications for the Teaching and Learning of PE.
- PE Curricular Project in the 1st cycle of basic education: its content and organization.
- Integration of PE in the Curriculum Development Plan for the 1st cycle.
- Analysis, in real situations, of the PE Teaching-Learning Process in the 1st cycle
- Organization and management of teaching and learning in PE

<b>TEACHING METHODOLOGIES</b>	
Teaching Methodologies	Lecture – expositive and reflexive teaching
	Group Work (workshop) - small group of 25 students – Problem solving / debates / discussion
	Real practical lessons with primary pupils in the gym / observation/ discussion

<b>FACILITIES: INDOORS AND/OR OUTDOOR</b>
Lecture room, Workshops room
Gym with adequate material to the 1 <sup>st</sup> cycle national syllabus references

<b>MODULE WORKLOAD</b>		
<b>Type</b>	<b>Learning Outcomes</b>	<b>Total Hours</b>
Lecture	LO1 – LO6	13h
Seminar/Workshop/Tutorial	LO1 – LO6	13h
Structured Independent Work	LO1 – LO6	58.5h
Independent Work		
Total Workload		84.5h

<b>READING</b>
Essential Reading
Gallahue, D., & Donnelly, F. (2007). Chapter 2 Childhood growth and motor development. <i>Developmental physical education for all children</i> (4th ed., pp. 24-59). Champaign: IL: Human Kinetics.
Gallahue, D., & Donnelly, F. (2007). Chapter 3 Movement skill acquisition. <i>Developmental physical education for all children</i> (4th ed., pp. 50-77). Champaign: IL: Human Kinetics.
Siedentop, D. (1991). <i>Developing Teaching Skills in Physical Education</i> . Mountain View, CA: Mayfield.
Tsangaridou, N. (2012). Educating primary teachers to teach physical education. <i>European Physical Education Review</i> , 18(3), 275–286.

<b>RESOURCE</b> <b>(Expansion of Indicative Content)</b>
<i>Note: The Resource is not available for this Module</i>